

## Acupuncture

### Acupuncture Treatment (1 hr)... \$60

Acupuncture has been used for thousands of years to provide treatment and relief for many afflictions including:

- High / Low Blood Pressure
- Depression and Fatigue
- Allergies and Sinusitis
- Anxiety, Stress, Insomnia
- Gastrointestinal Disorders
- Immune Disorders
- Neurological Disorders
- Asthma, Bronchitis
- Diabetes
- Gynecological Disorders

Consultations are free. PPO's accepted.

## Massage\*

### Hot Stone Massage: 1.5 hr... \$105 1 hr... \$75 30 min... \$50

A new technique in massage. Hot stones are used to warm the muscles and bones to promote circulation, enhance relaxation and toxic removal.

### Deep Tissue Massage: 1.5 hr... \$100 1 hr... \$70 30 min... \$45

A technique using trigger work to remove deep muscle spasms caused by repetitive motion.

### Swedish Massage: 1.5 hr... \$95 1 hr... \$65 30 min... \$40

The most common type of massage, focused on relaxing the entire body. Promotes general feeling of wellness.

### Pregnancy Massage: 1.5 hr... \$100 1 hr... \$70 30 min... \$45

Good for women who want relief from the strain that pregnancy places on the back and other types of the body.

### Exfoliating Body Massage: 1.5 hr... \$105 1 hr... \$75 30 min... \$50

We've combined a traditional Swedish massage with a full body exfoliation treatment for the ultimate indulgence. Our therapists use an advanced body cream formula with hydroxyl acids and essential plant oils to smooth and condition your skin to a "baby soft" state. You will actually feel dead skin layers rolling off as your muscles are soothed.

*\*pre-paid any 10 sessions, get 11th free!*

## Waxing

### Facial Waxing

- Eyebrow Design... \$20+
- Brow Maintenance (2-4 weeks)... \$15+
- Upper Lip... \$10
- Lower Lip... \$5
- Chin... \$12
- Cheeks/Sideburns... \$15
- Forehead... \$15

### Body Waxing

- Full Leg... \$50
- Full Leg/ Bikini... \$65
- 1/2 Leg... \$30
- Full Arm... \$35
- 1/2 Arm... \$25
- Underarm... \$18+
- Bikini Line... \$25+
- Full Stomach... \$30
- Chest... \$30+
- Back... \$35+
- Brazilian... \$65+

## Makeup Application

- Glamour application... \$50
- Basic application... \$35
- Bridal makeup trial and Wedding Day... \$120 (please ask about group discounts)
- Makeup lesson... \$60

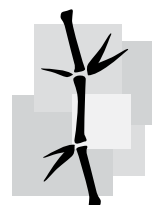
## Lash & Brow Services

- Eyelash Extensions... \$60+
- Lash Perm... \$45
- Lash Tint... \$25
- Brow Tint... \$15

## Treatment Add-Ons

- Specialty Mask Treatment... \$15+
- AHA Exfoliation... \$15
- Eye Renewal Mask... \$20

Please arrive 10 minutes prior to your scheduled appointment. Missed appointments or same day cancellations may be subject to service charges. Late arrivals may have their services consolidated. All prices are subject to change without notice.



bamboo leaf  
body wellness | skin care

## service menu

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Hours\*: Mon-Fri: 9AM - 6PM, and Sat: 9AM - 4PM  
\*extended hours by appointment only

Gift certificates available

## Specialty Facial Treatments\*

### Vitamin C Facial\*\* (1 hr)... \$85

Scientifically proven, patented infusion technology delivers the most powerful formulation of pure vitamin C directly into the skin to repair and prevent free radical damage resulting from environmental exposure. Achieve maximum skin clarity by improving texture, elasticity, firmness and reversing hyper-pigmentation. Great for sun damaged skin.

### Renewal Facial\*\*\* (1 hr)... \$90

Today over 50 million women are experiencing the effects of hormonal aging. The Renewal Facial is a professional strength breakthrough for menopausal and pre-menopausal skin. The benefits are long-term firmness, a youthful glow, reduction of fine lines and wrinkles, and multi-layer skin hydration.

### Redness Therapy Facial (1 hr)... \$85

The Redness Therapy Facial is a breakthrough service to specifically address Rosacea-like redness. Formulated with ingredients that calm irritated skin, strengthen the skin's barrier function, and instantly hydrates. Redness Therapy cools skin on contact, relieving skin sensitivity.

### Clarifying Enzyme Facial (1 hr)... \$70

This is a professional strength treatment designed to improve acne prone skin. Exfoliating natural enzymes of papaya and pineapple, plus antiseptics, antioxidants and anti-inflammatory ingredients are perfect for exfoliating the skin and softening clogged pores prior to extractions. The result is improvement in skin clarity and reduction in acne blemishes without causing redness or irritation.

### European Facial (1 hr)... \$70

Includes deep pore cleansing, gentle exfoliation, steam, gentle manual pore extractions, face, neck, shoulder and décolleté massage with essential oils followed by a specialty masque. It ends with a soothing toner and a veil of moisturizer to seal in the benefits. A pampering hand massage is also included.

### Deluxe European Facial (1.5 hr)... \$90

Includes the above European facial treatment along with a luxurious paraffin hand treatment and foot massage.

### Back Facial (45 min)... \$55

An often neglected skin care area. Includes deep cleansing, steam, exfoliating mineral salt scrubs to remove dead skin cells, extractions if needed, and a relaxing massage using aromatic oils followed with a customized mask.

## Facial Treatments (cont.)

### Microdermabrasion+ (1 hr)... \$125

This treatment uses the patented and particle-free Diamond Tone wand to remove dead surface cells, minimize fine lines, sun damage, age spots, and scarring. Reveals a fresh new layer of skin below. Includes extractions and a hydrating mask.  
*+series of 4... \$100 each series of 6... \$95 each*  
*glycolic add-on... \$25 each other body areas as quoted*

### Deep Pore Cleansing Facial (1 hr)... \$70

A traditional facial that includes deep pore cleansing and exfoliation under steam, along with extractions, lymph drainage massage and a customized facial mask followed by an appropriate toner and moisturizer. Great for oily and congested skin.

### Multi-Vitamin Facial (1 hr)... \$75

Recommended for environmentally damaged skin. The skin is first cleansed, then a Multi-Vitamin Exfoliation ampoule is massaged into the face, neck, shoulders, décolleté and hands. A Multi-Vitamin Power Recovery mask then follows to noticeably improve elasticity, texture and tone. Ends with a soothing toner and moisturizer veil.

### Acne Facial+ (45 min)... \$55

Includes cleansing, glycolic and salicylic acid peel, extractions, and a specialty mask.  
*+series of 3 (savings of \$30)... \$150*

### Refresher Facial (30 min)... \$45

An excellent introduction to skin care for an in-between regular facial pick-me-up. Incorporates cleansing, gentle exfoliation, skin analysis, a specialized mask, soothing toner, and a veil of moisturizer.

### Chemical Peel Facial+ (1 hr)... \$75

Provides increased collagen and elastin production, increased epidermal thickness, and a reduction in the appearance of fine lines and wrinkles. Results are based on a 6 peel series.  
*+series of 3... \$195 series of 6...\$360*

*\*ask about our complementary Face Mapping*  
*\*\*series of 6 - get a free Vitamin C Home Facial Kit (\$65 value)*  
*\*\*\*series of 6 - get a free Renewal Home Facial Kit (\$75 value)*

## Facial Treatments (cont.)

### TCA 10% Chemical Peel+ (30 min - 1 hr)... \$100

A chemical exfoliant to decrease the appearance of fine lines and surface imperfections, while promoting healthy looking skin. Recommended for aging skin, sun damage, fine lines & hyperpigmentation.  
*+Patch test highly recommended 1-2 days before treatment*

### Jessner 14% Chemical Peel+ (30 min - 1 hr)... \$125

A synergy of effective acids to help reduce the appearance of melasma, freckles, acne, and mild cases of rosacea. Recommended for aging skin, sun damage, mild rosacea, hyperpigmentation, and acne grades I & II.  
*+Patch test highly recommended 1-2 days before treatment*

## Body Treatments

### Body Spa Scrub (45 min)... \$40

Fine grains of salt from the sea mixed with aromatic oils polish you from neck to toe, and exfoliate dead skin cells. Followed with a hydrating body cream.

### Spa Foot Treatment (45 min)... \$40

Exfoliate and smooth away roughness. Enjoy a relaxing foot massage and herbal mask.

### Cellulite Treatment+ (1 hr)... \$60

This treatment improves the overall appearance of your skin by reducing the visible signs of cellulite and stretch marks while increasing firmness and elasticity. After a thorough exfoliation to remove dull, dry skin and prepare the body for treatment, we apply an infusion of pure Vitamin C to hips and thighs followed by a unique combination of ingredients scientifically formulated to minimize imperfections and nourish your skin.  
*+series of 5 (pre-paid, savings of \$50)... \$250*

### Spa Package #1 (3 hr)... \$185

Includes 1 hr European Facial, 1 hr Hot Stone Massage and Body Spa Scrub

### Spa Package #2 (2 hr)... \$130

Includes 30min Refresher Facial, 30min Swedish Massage, and Body Spa Scrub